

From the Fullness to the Emptying by Yahya Suzanna Nadler 11/10/19

Yes, there has been no newsletter! In sixth grade, I had a love-hate relationship with my teacher who would prompt us, often towards the end of the school day, with yet another writing assignment. Like Dante descending into the inferno, I saw the act of pulling together my thoughts to create a piece quite challenging. Pragmatic mathematics or grammar came easily, but there was a block to sorting through what I wanted to say. Now, that I have been writing newsletters for six plus years I have shifted from dreading the impending event, to feeling badly when my life did not make room for it, and even seeing myself as a writer.



In preparing for today's scribblings, I read Kristen Fontana's recent weekly horoscope and found the words for what I was again grappling to explain. My ruler Saturn, currently in my sun sign of the ever striving Capricorn is happily sextiling Neptune in Pisces, the planet of dreams and our

connection to the Universe. She wrote that this supportive relationship could tune me into the “larger galactic pulse” in a different way than the familiar drive to get more business. When I began writing, when I began posting on Facebook, and transitioned to Instagram, it was all about getting more people into our groups, getting known, finding interns. Now, that is fading away with age and a new age, where I want to express, not out of an obligation to increase my business, or to have consistency, but because that is what is welling up inside. As Kristen captured it, “...less attached to what happens in the material world and more invested in what you can do as a Soul to support your eternal journey.”

I don't exactly know what that looks like, but I am listening and noticing a change a brewing! We have sold the Retreat Sanctuary, our sweet house up creek that was the container for many of our retreats, and eventually an albatross as we let go of our dreams for community and struggled to simplify our lives. As things clear out who knows what will emerge? I am hopeful in a new way. I am re-invigorated into our land and its healing after our pilgrimage to France and the Mary Magdelene sites.

How that looks now in my life, is unknown? Rod and I plan to take some time after Christmas to contemplate and dream into what is next. Expect the unexpected, because I am one who likes to change things up. Thanks for being with me over the months or years that you have read my news.

To end for now with some thoughts about the planets: today Mercury retrograde is transiting across the path of the Sun to bring new understanding, deep ones if Scorpio has anything to say about it. Tomorrow the full moon in Taurus reminds us that the hard work of getting to the depth of it can be in good company with friends and relaxing into the joys of living on this earth. My heart goes with you!

LASTLY: [Yahya Divine Elixirs](#) - All shrubs and oxymels from last year are saying goodbye with a send-off sale of \$15 for the large 16 oz and \$10. for the smaller 8oz. Many still left! Email me: info@selfsoulcenter.org and if you are local, I'll get it to you!